

# Enjoy Forces

# Friendships

**Have you or your partner ever served in the armed forces?**

Comradeship Circles could be for you. Connect with a group of other armed forces veterans and form new friendships through a weekly phone call. It's for any veteran of the British Armed Forces aged 50 or over, or their partners.



**Call Age Scotland on 0800 12 44 222**  
to sign up or find out more.

## What is a Comradeship Circle?

A Comradeship Circle is a weekly chat over the phone but instead of talking to just one other person, you'll be talking to a group of roughly 6 people. All you need to take part is a landline or mobile phone.



## Who can join?

It's for any veteran of the British Armed Forces aged 50 or over and their spouses, partners, widows or widowers. This includes all branches and forces, from regulars to reservists and National Servicemen.

## How do I join a Comradeship Circle?

If you would like to join a Comradeship Circle or want to find out more contact the **Age Scotland helpline** on: **0800 12 44 222**.

## Can I chat to my own friends in a Circle?

If you are part of an existing veterans' group and would like to join a dedicated comradeship circle for that group; your group organiser can get in touch with us to discuss this by emailing **[veteransproject@agescotland.org.uk](mailto:veteransproject@agescotland.org.uk)**.



**THE ARMED FORCES  
COVENANT FUND TRUST**

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