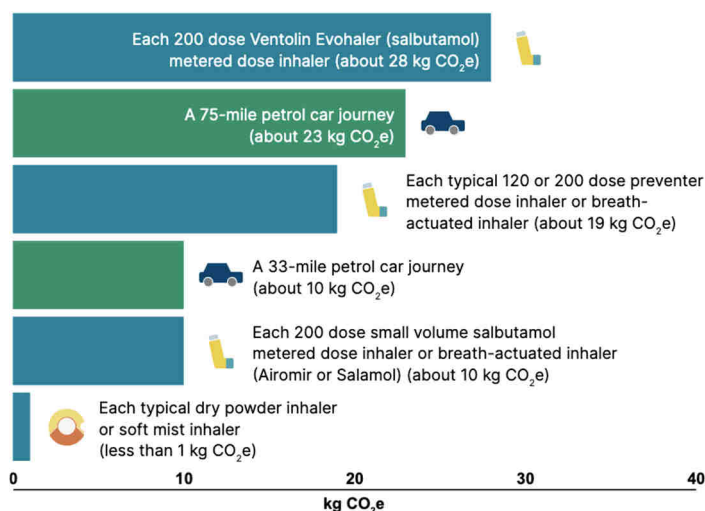




Riverside Highland Medical Group is committed to reducing carbon emissions. As part of a trial to reduce our carbon footprint and global warming, we are moving away from the use of Salbutamol pressurised meter dose inhalers. Switching your prescription to the Easybreath dry powder inhaler (shown below) has a number of advantages:

1. Reduction in carbon emissions and environmental impact



<https://www.nice.org.uk/guidance/ng80/resources/inhalers-for-asthma-patient-decision-aid-pdf-6727144573>

2. Easier to use for patients – links on how to use the inhalers are below

<https://www.asthmaandlung.org.uk/living-with/inhaler-videos/easyhaler>

https://www.rightbreathe.com/medicines/easyhaler-salbutamol-sulfate-100microgramsdose-dry-powder-inhaler-orion-pharma-uk-ltd-200-dose/?s=salbutamol&device_type=&drug_class=&drug_name=&device_type=

If you are unable to access the above links, you can either use the drug information leaflet, or ask your local pharmacist on how to use.

3. Is in line with the local recommendations by NHS Highland

<https://tam.nhsh.scot/formularies/highland-formulary/respiratory-system/bronchodilators/beta2-agonists/inhaled-short-acting-beta2-agonists-saba/>

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MA MB BChir MRCGP DTM&H DRCOG DFSRH
MB ChB MRCGP PGDipSEM
BSc MB ChB MRCGP DFSRH
BSc MB ChB MRCGP DFSRH
MB ChB
BSc MB ChB
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RIVERSIDE HIGHLAND MEDICAL GROUP PRACTICES:

[Riverside Medical Practice, Inverness](#)
[Loch Ness East & Strathnairn Medical Practice, Foyers](#)
[Cromarty Medical Practice, Cromarty](#)
[Dunedin Medical Practice, Inverness](#)



4. Counter indicating how many doses are left in the inhaler (red circle)



More information can be found on our webpage: <https://riversidemed.co.uk/>

Your prescription will be changed in time for your next order.

Thank you for helping us take care of you and the environment.