

4. ABORTION, SEXUAL HEALTH AND CONTRACEPTION:

Aiming to improve equity in abortion provision across Scotland, including later stage abortion; and exploring the issue of hormone hesitancy amongst young women along with expanding post-partum contraception.

From vision to action, Phase Two takes us further. Read The Women's Health Plan: Phase Two to find out more and discover how this next phase will make a real difference for women across Scotland.

To read the Women's Health Plan Phase Two, please scan the below QR Code.

SCAN ME!



PHASE TWO PRIORITIES

Phase Two takes what's been achieved so far and turns progress into momentum, with bold new actions designed to make a real and lasting difference for women's health in Scotland across **four thematic areas**:

1. THE HEALTH OF WOMEN AND GIRLS:

Cross-cutting actions to improve women's health research and data; raise awareness and improve the health information available to women and girls, taking account of their intersectional needs.

2. OPTIMISING FUTURE HEALTH:

Focused actions on optimising women's health across the life course through a preventative lens, with a specific focus on bone health, pelvic floor health and building on progress made on women's heart health.

3. GYNAECOLOGY AND REPRODUCTIVE HEALTH:

Building on progress to improve access to care and treatment for menopause and menstrual health, including fibroids, endometriosis, adenomyosis and polycystic ovary syndrome.

THE WOMEN'S HEALTH PLAN PHASE TWO



PHASE TWO OF SCOTLAND'S WOMEN'S HEALTH PLAN IS HERE

Building on progress to improve women's health across Scotland, Phase Two of the Women's Health Plan is now live.

Phase Two addresses the issues that matter to women at every stage of life with new actions and continued commitment.

Shaped by women's experiences and priorities, the plan places women at the centre, elevating women's voices to drive meaningful change.

Phase Two focuses attention on priority programs to:

- Transform gynaecology services to ensure women and girls have timely access to gynaecological care.
- Eliminate cervical cancer by 2040.
- Improve support and understanding of women's brain health.

WHAT'S BEEN ACHIEVED SINCE PHASE ONE

Since the first phase of the Women's Health Plan launched in 2021, significant progress has been made.

Scotland now has:

- ➔ A women's health champion and lead in every NHS board.
- ➔ A dedicated platform for women's health on NHS Inform.
- ➔ Training resources on menstrual health and menopause for healthcare professionals.
- ➔ Improved research into women's health through a dedicated fund.

Now, **Phase Two is published** and takes us further, building on progress whilst delivering new actions and driving change for women's health in Scotland.

PHASE TWO TAKES US FURTHER.

LISTENING TO WOMEN

Women and girls deserve to be listened to and not dismissed.

That's why the Women's Health Plan places women at the centre.

Scan the QR code below to read the **focus group report which directly fed into the development of phase two**. This research captures the real voices and lived experiences of women across Scotland, ensuring the plan reflects what matters most to them, elevating women's voices to drive change.

SCAN ME!



**LISTENED TO,
NOT DISMISSED.**

**WOMEN AND GIRLS
SHAPED PHASE TWO.
THEIR VOICES,
EXPERIENCES AND
PRIORITIES
DRIVE OUR ACTIONS.**